

Trackside beauty

Getting the race day look doesn't stop at your outfit, writes SARAH BIESKE

WE all know preparing for a day at the races is a bit more involved than throwing on a hat and taking a quick glance of the form guide.

From body scrubs to fake tans, moisturisers and make-up, appearing effortlessly glam isn't quite as effortless as the end result might portray.

Primping and preening for a top-toe glow can take hours of preparation. Fortunately, make-up this year is

understated, so keep colours sweet and simple.

Nude and blush tones are perfect - just add a soft pink to your cheeks and lips and some shimmer on your eyelids to brighten the look.

When it comes to tanning, don't go overboard.

A hint of colour is all you need - and take the time to exfoliate before you apply for a more even coverage.

11. NP Set shimmer highlight duo, \$25. Stockist: Napoleon Perdis; Target

12. Face of Australia lip quench. Stockist: Priceline; Big W; Kmart

13. Napoleon Perdis 'Sheer Genius' foundation, \$69. Stockist: Napoleon Perdis

3. Napoleon Set fake lashes, \$11.99. Stockist: Napoleon Perdis; Target

4. Australis pocket palette filled with 12 eye shadow colours, five lipgloss shades, bronzer and blush, \$12.95. Stockist: Target; Kmart; Priceline

14. Face of Australia 'Luxe' nail polish in cotton candy and beauty queen. Stockist: Kmart; Priceline; Big W

15. Rimmel 'Match Perfection' concealer and highlighter, \$13.95. Stockist: Priceline; Kmart; Target; Big W

16. Bourjois 'Duo Effect' sculpting blush in pink golden, \$23. Stockist: Kmart; Target

17. Glitz fake tan, \$45. Stockist: Planet Sun Tan and Beauty

18. La Glam eyeshadow, \$30. Stockist: REN Skin Health or phone 1800 LA GLAM

19. Estee Lauder 'Sumptuous' bold volume waterproof mascara, \$48. Stockist: Myer; selected pharmacies

5. Endota body moisturiser, \$45. Stockist: Endota

6. Endota body polish, \$42. Stockist: Endota

7. Ella Baché Great Spray Tan, \$45. Stockist: Ella Bache

8. La Glam lipstick, \$35. Stockist: REN Skin Health or phone 1800 LA GLAM

9. Estee Lauder 'Signature' lipstick, \$42. Stockist: Myer; selected pharmacies

10. Face of Australia eye definer in charcoal. Stockist: Kmart; Priceline; Big W

1. Max Factor 'Xperience' weightless foundation, \$36.50. Stockist: Myer; Kmart; Target

2. Lola by Marc Jacobs, \$120. Stockist: Myer; The Perfume Connection; selected pharmacies

Shoe in

Step out in style at the races in these hot heels

1. Betts 'Sugar' heel, \$119.99. Stockist: Betts and Betts

3. Betts 'Perception' heel, \$129.99. Stockist: Betts and Betts

2. Tony Bianco 'Aramis' heel, \$169.95. Stockist: Tony Bianco; Myer

4. Miss Ocean Drive heel in black and gold, \$275. Stockist: www.peeptoeshoes.com.au. Peep Toe Shoes are stocked at Argentina

5. Miss Lennox heel in pink nude, \$299. Stockist: www.peeptoeshoes.com.au. Peep Toe Shoes are stocked at Argentina

6. Tony Bianco 'Alexis' heel, \$169.95. Stockist: Tony Bianco; Myer

7. Zu 'Illusion' heel in nude, \$150. Stockist: Zu

9. Diana Ferrari 'Sammie' heel, \$129.95. Stockist: Diana Ferrari; Myer

10. Tony Bianco 'Shilling' heel, \$189.95. Stockist: Tony Bianco; Myer

8. Novo 'Simone' heel, \$79.90. Stockist: Novo

* compiled by Sarah Bieske